

# AUDIT – C

Questions	Scoring system					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How many units of alcohol do you drink on a typical day when you are drinking?	1 -2	3 - 4	5 - 6	7 - 9	10+	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	

## Scoring:

A total of 5+ indicates increasing or higher risk drinking.

An overall total score of 5 or above is AUDIT-C positive



# REMAINING AUDIT QUESTIONS

Questions	Scoring system					Your score
	0	1	2	3	4	
How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or somebody else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	

**Scoring:** 0 – 7 Lower risk, 8 – 15 Increasing risk,  
16 – 19 Higher risk, 20+ Possible dependence



## LOCAL LEARNING - PBR

Service doesn't distinguish clearly enough at each intervention what was delivered, eg 'key working ' so we cant see what works best

BUT – more resource has been needed to collect this information  
Improvements in clusters 2 and 3 can be seen in first 6 weeks , so re –designing care pathways with more intensive input in this time period.

Too many really poorly people – alcohol services cant do palliative care

If re do audit at end its not best indicator of progress, many of our patients didn't appear to reduce their drinking as much as we thought.

NICE guidance

12 week structured day package for clusters 2 and 3 – current gap. Current model can do 4 weeks this but would reduce throughput and increase waiting times significantly

# PAYMENT BY RESULTS

Rotherham is one of 4 national DH pilots

Introduced and confirmed the clustering model

Uses 4 tools to give a reliable indicator of the problem which then directs the patient to the right care pathway

Ironed out glitches with the tool, eg safeguarding scores, and it will come into national use next year.

RDASH continue to use it for all new patients and are currently clustering all remaining patients so that we can commission the right level of packages and ensure no-one is in a specialist system that could be elsewhere

Waiting for DoH to confirm tariffs using local data, and comparing to mental health

## ROTHERHAM

<b>How many people are drinking too much</b>	20% - are drinking at level which increases the risk of damaging their health	22% are drinking at a level which increases the risk of damaging their health (regional average in Yorkshire and The Humber)
<b>Alcohol-related hospital admissions</b>	53,689 alcohol-related hospital admissions. A and E 28,827/ in P 6,587/out P 18,275	72,821 alcohol-related hospital admissions (regional average in Yorkshire and The Humber)
<b>Alcohol-related healthcare costs</b>	£87 per adult Alcohol misuse costs in Rotherham	£78 per adult Alcohol misuse costs (regional average in Yorkshire and The Humber)
<b>Alcohol-related deaths</b>	71 people died from alcohol-related causes	105 people died from alcohol-related causes (regional average in Yorkshire and The Humber)